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the Class of 2025, Class of 2026 A-F

[Wes Andrews](#), School Counselor for  
the Class of 2023, Class of 2026 G-O

[Charlene Jakich](#), Chair, School Counselor for  
the Class of 2024, Class of 2026 P-Z

[Renaef Bafus](#), College & Career Center

[Dee Bishop](#), Counseling Secretary

[Jen Wilson](#), Registrar

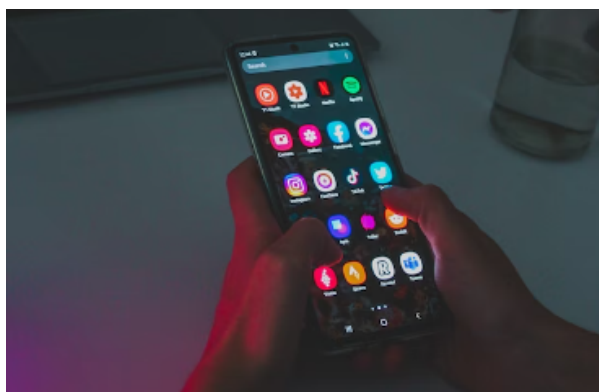


## Moscow High School Counseling Center Update

### April 18, 2023

We have about **7 weeks until the last day of school** on June 7th, which means it's crunch time for students to accomplish their goals, such as graduating with their class, maintaining or achieving a certain GPA, or being eligible for next year's athletics and activities. Along with classroom teachers, we will continue being in contact with students and families who need extra support to succeed over the next few weeks. Seniors who have all of their requirements met will be able to participate in the **Graduation Ceremony on June 9th**. Any senior taking an online class will want to have those finished sooner, however, so that we'll be able to save their spot when we create the walk list at the end of May. If a senior does not have their requirements met in time for the Graduation Ceremony, they will not walk, but once they finish up, they can still receive their diploma when the time comes.

Any MHS student who needs to **retake a failed class** this summer can do so online through Idaho Digital Learning Alliance. Students can choose between the "cohort" courses which roll out content on a week-by-week basis between June 12 - August 18 or the "flex" courses which are self-paced with a window of May 30 - August 18. Most students work on no more than one or two classes during the summer. The courses cost \$75 each. Students who are interested in taking an IDLA course this summer, whether for credit recovery or enrichment purposes, can contact us for more information on registration and payment.



All parents are invited to a presentation by **Detective Mowery from the Moscow Police Department** about common social media pitfalls. The presentation will be held at **6:00 PM on Wednesday, May 3rd in the MHS Auditorium**. We recommend watching the film [Childhood 2.0](#) (see flier below) before attending the presentation and then coming with questions for Detective Mowery.



MAY  
**03**

## ONLINE SAFETY: FOR PARENTS

**Moscow High School Auditorium**  
**6:00 to 8:00 pm**

For those parents who are interested in attending this online safety presentation, we recommend taking the time and watching the ***Childhood 2.0 Movie*** ([www.childhood2movie.com](http://www.childhood2movie.com)). This is a great look into the current state of the digital world our children live in and where we as parents need to be focusing our attention. ***This movie is also a great resource for those parents who are not able to attend the presentation.*** We hope to see you on May 3, 2023 for an interactive and informative evening.

[WWW.CHILDHOOD2MOVIE.COM](http://WWW.CHILDHOOD2MOVIE.COM)



**PROTECT  
YOUNG EYES**

defending kids from online danger



### 2023-2024 Course Registration:

Students should have turned in an updated **Four Year Plan** and a signed **Pre-Registration Form** with their course requests on it. Students can contact us or consult our new [Academic Guide](#) if they have any questions about specific courses.

## Finding Affordable Colleges LIVE

Wednesday, April 26, 2023  
7:00 PM – 8:00 PM  
1912 Building (map)

Students and their families are invited to [this event](#) at the 1912 Center sponsored by Palouse Pathways discussing how to minimize costs and maximize aid in college.

## College Exploration Course

Saturday, April 29, 2023  
11:00 AM – 1:00 PM  
1912 Center (map)

High school students are invited to [this event](#) sponsored by Palouse Pathways at the 1912 Center on Saturday, April 29th to learn about finding the best fit colleges.





# Special Education Transition Fair

ATTENTION: High School Students and parents/guardians  
April 19<sup>th</sup>, 2023 6:00 PM - 7:30 PM  
Moscow High School Gymnasium



Prizes!  
Free Giveaways!  
Snacks!

This transition fair provides opportunities for parents and students  
To speak with agencies and business to help plan for the future.

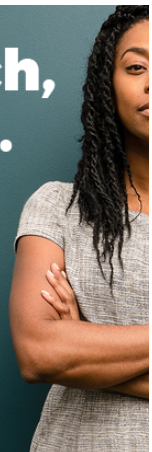
**High School Graduates** can use **Idaho Launch** to apply for grant funding to pay for education and training for Idaho's in-demand careers.

"In-demand careers means careers that have a high number of openings in Idaho or an expected high rate of growth in Idaho."  
(Idaho House Bill 24. 2023.)

Go to [IdahoLaunch.com](https://IdahoLaunch.com) to learn more.

**At Idaho Launch,  
You define you.**

**Match your skills to  
employer needs,  
apply for training  
funds available to  
every Idahoan.**





The **junior class took the SAT at MHS** on April 12, 2023 as part of their graduation requirements. Students should be able to [view their scores](#) on May 3rd. In terms of the SAT, over 1,800 universities are now [test-optional](#), but a good score can still help admission chances and improve one's course placement for English and Math. Students who wish to take the SAT again or to take the ACT can do so by registering for one of the national test dates (see below). The [ACT](#) is the other nationally recognized exam accepted by all colleges and universities. Between the SAT and ACT, many students do better on one than the other, and we can help students learn the differences. The cost of the first time taking the ACT can be reimbursed for Idaho students through Advanced Opportunities.

<a href="#">ACT</a> (MHS code 130415)	Registration Deadline	Late Deadline
June 10, 2023	May 5, 2023	May 19, 2023
July 15, 2023	June 16, 2023	July 7, 2023
September 9, 2023	August 4, 2023	August 18, 2023

<a href="#">SAT</a> (MHS code 130415)	Registration Deadline	Late Deadline
May 6, 2023	April 7, 2023	April 25, 2023
June 3, 2023	May 4, 2023	May 23, 2023
August 26, 2023	July 28, 2023	August 15, 2023



# AP Exam Schedule

Date	8 a.m.	12 p.m.
Mon. May 1		Chemistry, Mr. Andrews
Tue. May 2	Chinese, Mrs. Bafus	
Wed. May 3	English Lit. & Comp., Library	Computer Sci. A, Conf. room
Thur. May 4		Statistics, Conf. room
Fri. May 5	US History, Library	
Mon. May 8	Calculus AB, Library	
Tue. May 9	English Lang. & Comp., Library	Physics C: Mechanics, Library
Wed. May 10		Biology, Library



## **LC CONNECTION**

LC Connection is scheduled for Friday, April 28. It is open to all high school students and parents. Students can register at <https://www.lcsc.edu/lc-connection>.

*Explore our campus, learn more about our residence halls, meet with professors in the program you're interested in, find out more about the admissions process, and see what current students love about being a Warrior! Parents have the chance to attend their own session to learn more and get important questions answered by knowledgeable staff.*



# Hands On Health Care



An opportunity for rising and current high school students (grades 8-12) to explore health career options through presentations and hands-on activities.

**Saturday, April 29th**

**10AM - 3:30PM**

**\*\*lunch provided\*\***

University of Idaho  
D.A. Huckabay MD  
Medical Education Building  
121 W. Sweet Ave  
Moscow

Learn about careers in...

- ✓ **Nursing**
- ✓ **Dietetics**
- ✓ **Medicine** (Physician)
- ✓ **Athletic Training**
- ✓ **Public Health**

**Attendance is FREE, but space is limited!**

**Register by April 21st**

<https://tinyurl.com/yck9af7c>



## HOSTED BY...

- University of Idaho, WWAMI Medical Education
- North Idaho AHEC

Questions?

[nidahec@uidaho.edu](mailto:nidahec@uidaho.edu)  
(208)885-0131

## WITH SUPPORT FROM...

- Gritman Medical Center
- UI College of Education, Health & Human Sciences
- UI Dietetics Program



An **Idaho Food Bank School Pantry** is conveniently located in the Moscow High School basement to help you get food for your family at no charge. We are thankful for our partnership with the Idaho Food Bank and local donors. To access the Food Pantry by appointment or for more information, contact [Diana Hicke](#).



The Idaho Foodbank is committed to ensuring all Idahoans have access to nutritious food, regardless of their situation and background.

The Moscow distribution will be held on **Monday, April 24, 2023**, at the Latah County Fairgrounds starting at 10am until the last box is handed out.

The distributions provide a variety of fresh produce, frozen meats, dairy and dry goods to help meet a family's needs.

This food is free – no documentation or eligibility is required.

The Idaho Foodbank and volunteers from United Way of Moscow/Latah County, will be distributing nutritious food to neighbors in need.

Questions Call the Idaho Foodbank @ 208-746-2288 or [Idahofoodbank.org](http://Idahofoodbank.org)

**How do I meet with my MHS Counselor?** We can meet with **students** during non-core classes or during an available class period. You can use our online scheduler <http://go.oncehub.com/MHSCounselors> to schedule appointments in order to discuss individual planning, academic and college advising, or personal concerns. We welcome meetings with **parents** as well and ask that you schedule your appointment through the Counseling Center Secretary, Dee Bishop, by calling (208) 882-2591.





**Question from an MHS student:** How many Dual Credit / AP courses should I take?

**Answer:** Our Dual Credit students take an average of about 1.5 Dual Credit courses per semester, and it's rare for a student to take four or more. Keep in mind that five is standard for a full-time college student, and our Dual Credit students have other high school courses to take along with several other responsibilities that come with being a high school student.

In terms of the college-level Advanced Placement (AP) courses, there is no maximum. An MHS student could hypothetically take five AP courses per semester and another four online, but this is not recommended. Most AP courses expect a student to spend at least one hour of studying and homework for each class meeting, so a student taking nine AP classes would be spending at least 70-90 hours of their 112 waking hours completely dedicated to their AP classes.

So how many should you take? If you are a junior looking at competitive colleges, that number may be 3-4. If you are a sophomore with the same aspirations, it's probably 2-3. If you are a senior looking at less competitive schools, then maybe it's 1-2. But the best number for you will depend on your personal goals and the time you want to commit to activities, work, family, and the community.

*If a friend or loved one is in crisis, there is help available.*

*Call **911** if there is an imminent danger to self or others.*

*Idaho Crisis & Suicide Hotline / National Suicide Prevention Lifeline : **988** [Call or Text]*

*The Crisis Text Line [Text 741741] can receive texts about any number of issues, including isolation, anxiety, depression, self-harm, stress, abuse, grief, etc.*